

Career/College/Scholarship Exploration Resources and Websites

Are you looking for a career or major that will suit your skills, values, interests and personality? Do you want more information on colleges that have your major? Are you searching for scholarships to help you pay for college expenses? Need additional test preparation? Explore some of these websites for assistance in many of these areas. Self assessment questionnaires are available on many of these websites to help you find a career, major, or scholarship(s) that match your talents and interests.

Assist – community college transfer path to CSU or UC	www.assist.org
ASVAB – aptitude test/interest inventory	www.asvabprogram.com (BHS hosts test annually)
California Career Zone – explore career paths & colleges	www.cacareerzone.org
California Colleges – college/career planning	www.californiacolleges.edu
Career One Stop – explore careers, write resumes	www.careeronestop.org
Career Builder – find jobs/post resumes	www.careerbuilder.com
College Board – SAT & AP info, college search	www.collegeboard.org
Service Learning – extracurricular/community service ideas	www.dosomething.org
Occupational Handbook Info. – career forecasts & descriptions	www.bls.gov/ooh/
O*Net Interest Profiler – assesses interests to match careers for free	www.mynextmove.org/explore/ip
Big Future – research colleges, careers and find scholarships	www.bigfuture.collegeboard.org
Campus Tours – take virtual tours of over 1300 campuses	www.ecampustours.com
College Simply – review acceptance chances & needed test scores	www.collegesimply.com
Career/Interests, Personality, Skills – free assessments	www.123test.com

College & Scholarship Search – Research, Explore, and Create profiles for free matching services

www.fastweb.com	www.cappex.com
www.chegg.com/schools	www.collegechoice.net
www.studentscholarshipsearch.com	www.lendedu.com/blog/scholarships
www.goingmerry.com	

Free Test Prep

www.khanacademy.org (on-line/subject tutorials, SAT prep)	www.4Tests.com (SAT, ACT, ASVAB prep)
www.collegereadiness.collegeboard.org (SAT Practice Test)	
www.act.org/academy (ACT prep)	

Senior Tips for Completing the Cal State and UC Applications Bonita High School

Cal State: www2.calstate.edu/apply

UC: admission.universityofcalifornia.edu/apply

General Tips: Use the BHS CEEB School Code - 051370 (on your applications to identify BHS & to use drop down menus to correctly identify courses in the academic sections of your application).

- **Start early.** If you run into questions or confusion, you'll have time to talk with your counselor or contact the UC or CSU system directly. For UC support, email ucinfo@applyucsupport.net or call 800-207-1710. For CSU support, use "Live Chat" feature in application, email CalStateApply@liaisoncas.com, or call 857-304-2087.
- The **priority deadline** is **November 30th** for the **UC's** and **CSU's**. Some individual CSU campuses may have a later deadline for non-impacted majors. Check with each CSU campus on this. It is suggested you complete your application by November 15th. Don't procrastinate! **Be wise when you apply!** Choose to apply to schools that have your majors of interest, and apply broadly (not to just the most selective campuses).
- **Do your research!** You may find a school that you've never considered before. Choose an **alternate major** in case your 1st choice is impacted and if this is applicable to that campus.
- **Apply with your legal name** that matches the name that you used when completing your FAFSA and taking your SAT's and ACT's. If application name does not match test score or FAFSA name, it can get confusing for the colleges.
- **SSID:** The Statewide Student ID # is located in the bottom left hand corner of your transcripts. It is called "State ID." Both Cal State and UC applications may ask for it.
- **Check your email account or school portal regularly (not your BUSD e-mail).** Most colleges will communicate with you via email, so check it frequently to make sure you are on track with application requirements. **Keep a log** of all your User Name and Passwords for the various accounts that you'll have to set up (campus-specific accounts, College Board, etc).

Test Scores / IMPORTANT: *For this year, UC AND CSU Campuses are **NOT** requiring or utilizing test scores for admission or scholarship purposes. Results will only be used for placement purposes after you have been admitted. If you choose to submit test scores:*

- **Send in your official SAT or ACT scores to each college by December 2021.** You will need to send the official reports directly from www.collegeboard.org (SAT) or www.actstudent.org (ACT) to all the schools in which you apply.
- **Submitting Official SAT scores:** For Cal States, you can submit your official scores from College Board using the SAT code **3594** for CSU or send your scores to one CSU Campus, and all 23 CSU campuses will receive your score. All campuses will receive your SAT scores for the price that it costs to send one. For UC Schools, send your official SAT/SAT Subject Test scores to one UC Campus, and all 9 campuses will automatically receive them.
- **Submitting Official ACT scores:** For Cal States, you can submit your ACT scores to one Cal State, and all 23 CSU campuses will receive them. For UC Schools, send your official ACT Test scores to one UC Campus, and all 9 campuses will receive your scores.

Entering Coursework and Grades

- **Language Other Than English (LOTE):** If you took a LOTE class in 7th or 8th grade (such as Spanish), include it on the application. For your grades, put the letter grade earned if posted on your transcript, otherwise put "P" for pass (unless you didn't pass).
- **Math:** If you took Algebra I, Geometry, Integrated 1, or Integrated 2 in middle school, include that on the application. Put your grades as they are posted on your transcript. If grades are not on your transcript, put a "P" for pass (unless you didn't pass).
- **Repeating Classes:** If you took an academic class more than once to get a better or qualifying grade, the schools usually want you to list all the academic classes that you've taken (even the D's or F's), and they will calculate your GPA.
- **Exact Course Titles:** Some classes on your transcript will not have the exact same title as those listed in the drop down menu, so if you're confused, ask your counselor. For example: AP Econ is listed as "AP Macroeconomics."
- **Current or Future Classes:** List all classes that you are currently enrolled in as "In Progress" (IP) and classes that you are going to take next semester as "Planned" (PL).
- **"Government & Econ":** American Government fulfills part of the "A" (Social Science) Category, and list it as only a semester class. Economics fulfills part of the "G" (Elective) category; this also needs to be listed as a semester class. On the CSU application, mark "NG" for the semester in which you are not taking a semester course (for example: you have Government 1st semester and mark "IP"; for the 2nd semester you mark "NG").
- **AP Calculus BC or ASL 2 (2019-20 only for ASL 2):** If you took Dual Enrollment through Mt Sac for college credit, these courses are listed under the section for "College Coursework."

Sending Transcripts

Most UC's do not want to receive your transcripts until after you graduate (your "final transcripts"). Some CSU's (including, but not limited to, Cal State Fullerton, San Diego State, Cal State San Bernardino) may require your "7th semester transcripts" aka transcripts including the 1st semester of senior year. Transcripts can be requested from the school website (www.bonitahigh.net) using your Parchment account. **Checking your email or campus portal is important**, so you'll know if they need an official transcript (or any other document that may be missing from your application). **For Dual Enrollment with Mt Sac** – a separate transcript must be sent **through Mt Sac**.

Application Fee Waiver

The online applications will ask you questions about your family's finances. Please don't guess on this section (ask your parents to help you with this part) because this information is used to see if you qualify for an application fee waiver through the online application. If you qualify, you will get to apply to four Cal State schools for free **and** four UC Schools for **free**. The CSU application costs \$70 and the UC application costs \$70, so a fee waiver can be quite helpful.

Early Assessment Program (EAP) for CSU Campuses

The CSU may use multiple measures (**AP tests, possibly SAT/ACT if taken, courses taken, and grades received**) to determine course placement. Some students may be required to participate in a CSU Early Start Program course over the summer in Math or English prior to fall enrollment. More information is available at <http://csustudentsuccess.org/>.

CSU-UC Comparison of Minimum Freshman Admission Requirements

	California State University (CSU)	University of California (UC)
SUBJECT REQUIREMENTS		
	15 yearlong/30 semester college preparatory A-G courses are required with letter grades of C or better*:	
		11 UC-required college-preparatory courses must be completed prior to senior year (including summer courses)
A History/Social Science	2 years/4 semesters of history/social science, including one year of U.S. history OR one semester of U.S. history and one semester of American government, AND 1 year of history/social science from either the A or G subject area	1 year of world history, cultures, or historical geography (including European History) from the A subject area.
B English	4 years/8 semesters of college preparatory English composition/literature (including no more than 1 year of Advanced ESL/ELD): Advanced ESL may be substituted for the first year of the 4 years of English.	ESL/ELD cannot meet the senior year of English.
C Mathematics	3 years/6 semesters of mathematics (including or integrating topics covered in elementary algebra, two- and three-dimensional geometry, advanced algebra)* (Also acceptable are courses that address the above content areas, and include or integrate: probability, statistics or trigonometry.) Students applying to CSU and UC must complete a geometry course (or integrated math courses with geometry content).	
D Science	2 years/4 semesters of science At least 1 year of physical science and 1 year of biological science, one year must be from the D subject area and the second year may be from the D or G area** Integrated/Interdisciplinary courses may be used to fulfill either physical or biological science.	Must include at least two of the three foundational subjects of biology, chemistry, and physics (including Biology/Earth & Space Sciences, Chemistry/ Earth & Space Sciences, and Physics/Earth & Space Sciences as part of the Next Generation Science Standards [NGSS] models); or two years of a three-year NGSS integrated science model; or one year of biology, chemistry or physics and one year of an approved science chosen from the earth & space sciences or interdisciplinary sciences disciplines. <i>Approved courses in the applied science, computer science, and engineering disciplines may only be used for a 3rd year (or beyond) of the science requirement.</i> Courses must be from the D subject area.
E Language Other Than English	2 years/4 semesters (or equivalent to the 2 nd level of high school instruction) of a language other than English* (Courses must be in the same language, American Sign Language allowed)	
F Visual and Performing Arts	1 year/2 semesters (or two one-semester courses in the same discipline) required, chosen from the following disciplines: Dance, Music, Theater, Visual Arts or Interdisciplinary Arts	
G College Preparatory Elective	1 year/2 semesters of elective course work chosen from any area on approved A-G course list	
REPEATED COURSES		
	California State University (CSU) CSU and UC do not use plus/minus grades in the GPA calculation; for example, a C- = C.	University of California (UC) Required A-G courses must be completed with a letter grade of C or better*. Courses with D/F grades may be repeated. There is no limitation on the number of times a course can be repeated. Repeated courses can have the same or similarly named course titles (e.g. English 9 or English 1). The first instance of a letter grade C or better will be used in the GPA calculation.

* Pass/Credit grades allowed for A-G coursework completed in winter 2020 through summer 2021.

* High school-level coursework completed in 7th and/or 8th grade can be used to meet the area C and/or E requirements.

** It is best to prepare for both UC and the CSU by completing two laboratory courses from the D subject area.

Information is accurate as of August 2021

CSU-UC Comparison of Minimum Freshman Admission Requirements

	California State University (CSU)	University of California (UC)
VALIDATION OF SUBJECT OMISSION BY OTHER COURSES		
Mathematics	A letter grade of C or better in the second semester of Geometry will validate the first semester. A letter grade of C or better in the first semester of Algebra II validates both semesters of Algebra I. A letter grade of C or better in Statistics will validate Algebra I and Algebra II, but will not validate Geometry.	
	Integrated style Math 2 will be accepted in lieu of a Geometry course.	
	A letter grade of C or better in the second semester of an area C course with a discipline of Advanced Mathematics on the <u>A-G website</u> validates the entire high school college preparatory requirement.	The omission of a full year of geometry cannot be validated by any higher-level coursework.
	A letter grade of C or better in Integrated style Math 3 which includes geometry content validates the omission of Integrated style Math 2. Refer to CSU's <u>Admission Handbook</u> .	A letter grade of C or better in any semester of an advanced math course will validate two years of the requirement, but not Geometry. A letter grade of C or better in Integrated style Math 3 which includes geometry content validates the omission of Integrated style Math 2. Refer to UC's Validation Matrix in <u>Quick Reference Guide to UC Admissions</u> .
Language Other than English (LOTE)	A letter grade of C or better in a semester of a higher-level course validates a lower-level course. A higher-level LOTE course can validate the appropriate number of years based on the level. A college course can validate high school LOTE courses. The level of validation depends on the college course prerequisite and description. For courses offered at a California Community College refer to <u>ASSIST</u> and look for the footnote indicating the course is equivalent to two years of high school instruction.	
Chemistry	A grade of C or better in the second semester of Chemistry <u>will</u> validate the first semester.	UC does not allow validation of Chemistry.
VALIDATION OF DEFICIENT (D/F) GRADES IN REQUIRED COURSES		
	Courses in which grades of D/F are earned may be validated in the areas of Math and Language Other Than English (LOTE) by successful completion of higher-level coursework, including D/F grades in Geometry. For UC, refer to the Validation Matrices in <u>Quick Reference Guide to UC Admissions</u> . CSU also allows the validation of D/F grades in Chemistry. For CSU, refer to the <u>CSU Admission Handbook</u> .	
VALIDATION OF SUBJECT REQUIREMENTS BY TEST SCORES		
	Required A-G courses may be satisfied with appropriate test scores on SAT, SAT Subject Tests (taken prior to 2021), Advanced Placement exams, and designated International Baccalaureate exams. A list of acceptable tests and scores is available on the <u>CSU website</u> ; for UC, refer to <u>Quick Reference Guide to UC Admissions</u> . For UC, the omission of a course in Geometry cannot be validated by any examination score.	
HIGH SCHOOL GPA		
	Calculate GPA using all A-G approved courses completed during the summer after the 9th grade through summer after the 11th grade---excluding deficient grades which have been repeated. CSU and UC do not use plus/minus grades in the GPA calculation; for example, a C- = C.	
	Repeated courses are calculated once using the highest grade earned. When completing the online admission application, the repeated course is also only reported once using the highest grade earned.	Repeated courses are calculated once using the first instance of a letter grade of C, B, or A. UC does not average grades. However, when completing the UC admission application, all A-G courses and grades must be reported.
HONORS POINTS		
	Maximum of 8 extra grade points (honors points) from four yearlong courses (8 semesters) awarded for UC-approved high school created honors, all AP, some IB courses and transferable college courses. No more than two yearlong courses (4 semesters) completed in 10 th grade can be used in the honors points calculation.	
TEST SCORES – ACT/SAT		
ACT or SAT	Applicants to CSU are not required to submit ACT or SAT scores. The CSU will temporarily suspend the use of ACT/SAT examinations in determining admission eligibility for all CSU campuses for the 2022-2023 academic year and in awarding CSU scholarships. Student will not be penalized if they choose not to submit scores. If students choose to submit test scores as part of their application, they will be used as one factor of the multiple measures used for English and quantitative reasoning/mathematics college course placement (www.CSUStudentSuccess.org). SAT Subject Tests have been discontinued and are no longer recommended for any campuses or majors.	UC no longer considers SAT or ACT test scores when making admissions decisions or awarding scholarships. If students choose to submit test scores as part of their application, they may be used as an alternative method of fulfilling minimum requirements for eligibility or for course placement after enrollment. SAT Subject Tests have been discontinued and are no longer recommended for any campuses or majors.



Bonita High School

Brag Sheet

Name: _____

Email: _____

Please fill out your Brag Sheet, answering **at least 8 of the 10 questions** to the best of your ability. REMEMBER: The purpose of this Brag Sheet is for your teachers and counselors to write a **Letter of Recommendation** to primarily Private/Independent and some Out-of-State Colleges and Universities you are applying to. In some instances a letter of recommendation might be needed for a special program, specific/selective major or scholarship.

YOU DO NOT NEED A LETTER OF RECOMMENDATION FOR CAL STATE'S AND UC's, with the exception of UC Berkeley which might ask for one after you have applied. Complete this Brag Sheet in 1st semester and give a copy to your teacher and counselor with a minimum of 2 weeks of notice. The earlier the better!

1. School Activities: List the activities you have participated in throughout your high school career. Make sure to include: A) How long you have been part of each activity B) How much time per week you participate in each activity C) What have you gained from doing each activity? NOTE: When listing each activity, consider artistic, athletic, literary, community service and highlight LEADERSHIP positions you have held or currently hold.

2. What activity was most important to you? Why?

3. What do you consider your most important activity outside of school? List: A) Jobs- paid or voluntary; B) Religious activities; C) Hobbies- travel, music, art, drama, etc. Include the number of years of your involvement and the amount of time you spent on each activity weekly. **Lastly, explain why this activity was significant to you.**

4. In or out of school, which awards and honors have you received? Which elected offices or appointed positions have you held?

5. Discuss your family. What makes your family unique? Any personality/family hardships or challenges? Who do you live with? List the ages of your siblings (if applicable) and parents' highest level of completed education.
6. Will you be first in your family, or first generation to go to college? If so, what/who has influenced you to pursue your college degree?
7. Describe the academic accomplishment (senior project, major paper, related summer internships, etc.) that you are most proud of, and the reason you take pride in it.
8. What kind of learner are you? Which academic setting or assignments make you thrive? What interests you?
9. What majors are you considering? What career or job do you have interest in pursuing? What experiences or aspirations have influenced this career path(s)?
10. List your three most distinguishing or most admirable qualities. Give some examples of how you have put these qualities into action.